

Breakfast

FULL BREAKFAST

Two fried, scrambled or poached eggs, bacon, tomatoes, mushrooms, beef sausage and toast and preserves.

GREEK BREAKFAST

Two fried, scrambled or poached eggs, bacon, grilled cherry tomatoes, feta cheese, toast and preserves.

MEXICAN BREAKFAST

Two poached eggs on toast of your choice topped with a spicy salsa sauce and bacon.

SALMON SUNRISE

*Smoked salmon served with scrambled eggs, cottage cheese, *avocado, tomato toast and preserves.*

JUNIOR BREAKFAST

One fried, scrambled, or poached egg, three rashers bacon, beef sausage, tomatoes, Toast, and preserves.

BACON AND EGG BREAKFAST

Two fried, scrambled or poached eggs, bacon, toast and preserves.

HEALTH BREAKFAST

Our original home made Swiss muesli breakfast made with oats, fresh fruit, nuts, raisins and milk served with toast, butter, honey & yoghurt.

Or

Our roasted Swiss muesli served with the above.

"STEFFANIE'S" EGGS BENEDICT

Poached eggs on a toasted bun with creamed spinach, ham and topped with hollandaise sauce (15-20 mins)

Also available with salmon

SMOKED KIPPERS

Poached and served with fried, scrambled or poached eggs, tomato and toast

SCRAMBLED EGG AND SALMON

with diced salmon, spring onion & toast

STEFFANIES BREAKFAST

Scrambled eggs with bacon bits and sprinkled feta cheese

**Avocado when available*

Omelette's

STEFFANIES OMELETTE

EGG WHITE OMELETTE

Choice of fillings:

*Fresh tomato, Italian tomato sauce, spring onion, onion, dried herbs.
Mushrooms, asparagus, peppers, *avocados, chilies, olives.
Bacon, salami, ham, cheddar, mozzarella, feta and parmesan.
Salmon*

STEFFANIES FRENCH TOAST

With apricot preserve and cinnamon sugar

ANCHOVY or BOVRIL TOAST

YOGHURT, HONEY AND NUTS

FRESH FRUIT SALAD plain

With cream or ice cream

CRUMPETS *with syrup, cream or ice-cream*

SCONES *with jam and cream or ice-cream*

MUFFINS *with jam and cream or ice-cream*

Salads

WARM GOATS CHEESE SALAD

Melted on Italian toast with lettuce, rocket & roasted peppers and cherry tomatoes (Gazpacho Dressing)

HALOUMI SALAD

Grilled or plain haloumi served on a bed of lettuce and rocket, cherry tomatoes, cucumber, peppers and onion.

CAJUN CHICKEN SALAD

Grilled cajun chicken strips, lettuce, tomato, cucumber, peppers and onion

HAM AND EGG SALAD

Hickory ham,, egg, asparagus, pecan nuts, apple and pineapple on a bed of lettuce.

FILLET STEAK SALAD

200G of marinated fillet steak slivers, onion ,tomato ,cucumber ,and baby potatoes

SALMON SALAD

Smoked salmon on a bed of crisp lettuce ,tomato, chunky cottage cheese, peppers, onions and capers.

MIXED SALAD

*Lettuce, cucumber, tomato, croutons, carrots, mushrooms, feta cheese and *avocado*

TUNA SALAD

Lettuce, tuna, cucumber, beans, eggs, anchovy, baby potatoes, tomatoes & olives

STEFFANIE'S CHICKEN

Lettuce, chicken, celery, apples, nuts and fruits in season (Tasty Yoghurt Dressing)

WARM GRILLED CALAMARI

Lettuce, grilled calamari, tomatoes, mussels & olives

COLD PASTA SALAD

Tomatoes, mozzarella, olives, avocado, rocket, basil tossed with Gazpacho Dressing.

WARM THAI CHICKEN

Grilled chicken breast fillet served on a green salad with stir-fried julienne vegetables ,and a sweet thai dressing.

FRUIT AND NUT SALAD

Seasonal fruits and assorted nuts on a bed of lettuce served with Yoghurt Dressing

Open Sandwiches

*(Served on a pannini, white, brown, health or rye bread)
Side chips add R5-00*

CAJUN CHICKEN :*with peppers,sweet mustard, cucumber and a dill dressing*

SMOKED SALMON: *with cottage or cream cheese*

TUNA MAYONNAISE: *with pickled cucumber & olives*

RARE ROAST BEEF: *with egg mayonnaise and asparagus*

COUNTRY HAM: *with eggs, asparagus & avocado*

SALAMI: *with olives, eggs, avocado & green pepper*

CHICKEN MAYONNAISE: *with roasted almonds & mandarin oranges*

EGG MAYONNAISE: *with asparagus*

ROUGH COTTAGE CHEESE & FRUIT: *with banana, seasonal fruits, honey & nuts*

ROUGH COTTAGE CHEESE: *with avocado & cucumber*

"STEFFANIE'S AVOCADO: *Avocado, dill mayonnaise, smoked salmon, prawn tails & caviar*

AVOCADO: *with sliced avocado, tomatoes & cucumber*

Toasted Sandwiches

(served plain on a choice of white, brown, rye or health bread)

Add chips or a side green salad R 5-00

CHEESE

CHEESE AND TOMATO

SALAMI, FETA AND OLIVES

BACON, AVOCADO AND FETA

HAM OR SALAMI CHEESE AND TOMATO

BLACKENED VEGETABLES

TUNA MAYONNAISE AND GHERKINS

SPINACH, FETA AND OLIVES

BACON AND EGG

BEEF, PICKLES AND MUSTARD

BACON, EGG AND CHEESE

FILLET, TOMATO AND ONION

CAJUN CHICKEN, CHEESE AND TOMATO

CHICKEN MAYONNAISE

THREE CHEESE

BACON, MOZZARELLA AND BANNANA

Tramezzinis

*(All tramezzinis standard with mozzarella cheese)
Add chips or side salad R5-00*

PLAIN

MOZZARELLA AND TOMATO

CAJUN CHICKEN, SWEET MUSTARD AND TOMATO

SALAMI, FETA AND OLIVES

BACON, AVOCADO, FETA AND PEPPERDEW

HAM, EGG AND TOMATO

BACON AND EGG

SPINACH , FETA AND OLIVES

CHICKEN MAYONNAISE

TUNA MAYONNAISE AND GHERKIN

BEEF, PICKLES, TOMATO AND MUSTARD

FILLET STEAK, TOMATO AND ONION

BLACKENED VEGETABLES

THREE CHEESE

Light Lunches

SOUP OF THE DAY: *ask your waiter*

VOL-AU-VENT: *filled with chicken and mushrooms with a small greek salad*

BAKED CAMEMBERT: *with cranberry sauce & toast*

CHICKEN LIVERS: *flambéed in brandy, served with toast*

BLACK MUSHROOMS: *crumbed and topped with creamed spinach and parmesan.*

FRANKFURTERS AND POTATO SALAD:

SAVOURY CHEESE: *melted on brown or white toast*

LATKES WITH SALMON: *with smoked salmon, cottage cheese, egg and caviar*
Latke : Potato and onion hash brown.

LATKES WITH BEEF : *with rare roast beef, egg, cottage cheese and pepperdews*

BAKED POTATO: *separate fillings: cottage cheese, spinach, bacon & mushroom*
sauce

SLIMMERS BAKED POTATO: *with low fat cottage cheese and a garden salad*

CROSTINE AL FORNO: *chicken livers on Italian bread with mozzarella, arrabiata and pesto sauce*

Pasta

Available with Spaghetti, Penne, Fettuccine, Cappellini or Fusilli.

NAPOLITANA: *fresh basil, tomato and a dash of cream*

CHICKEN NAPOLITANA: *Chicken strips, fresh basil, tomato and a dash of cream*

ARRABIATA: *tomato, chilli and a dash of cream*

ALFREDO: *ham, mushrooms and creamy parmesan sauce*

PESTO PASTA: *basil pesto, broccoli, topped with sesame seeds*

PESTO CHICKEN: *basil pesto, grilled chicken strips, pepperdews and broccoli.*

MEDITERRANEAN VEGETABLE PASTA: *stir-fried vegetables cooked in balsamic vinegar,
tossed with pasta of your choice.*

BACON: *chopped bacon, cherry tomatoes and mixed with our napolitana sauce*

BOLOGNAISE: *our home made mushroom and mince bolognaise.*

ANCHOVY: *anchovies, olives, capers and spring onion mixed with our napolitana sauce*

SALMON: *smoked salmon(80g), capers and spring onion in a creamy parmesan sauce*

PRAWN: *in a creamy prawn and bell pepper sauce*

Indonesian Stir-Fries

VEGETERIAN:

CHICKEN:

BEEF FILLET:

PRAWN:

*All served with stir fried vegetables on
a bed of capellini noodles sprinkled with
sesame seeds*

Curry

VEGETARIAN:

CHICKEN:

BEEF FILLET:

PRAWN:

*Our home made cream based mild curry
served with rice, coconut, chopped
peppers*

Side Orders

POTATOES:

SIDE GREEN SALAD:

SIDE VEGETABLE STIR-FRY:

SIDE STEAMED VEGETABLES:

SIDE SAUTE

SIDE CHIPS:

SIDE VEG OF THE DAY:

SIDE POTATO SALAD:

MUSHROOM SAUCE:

Wrapps

All wrapps made with a house tangy sauce and served with a choice of chips or side green salad

Chicken Mayo Wrapp

Chicken mayo, gherkin, tomato and lettuce

Cajun Chicken Wrapp

Cajun spiced chicken, gherkin, tomato, cheddar and lettuce.

Bacon Wrapp

Bacon strips, avocado, cottage cheese, tomato and lettuce

Salmon Wrapp

Norweigon smoked salmon, cottage cheese, avocado, gherkin, tomato and lettuce.

Vegetarian Wrapp

Grilled vegetables and lettuce.

Breakfast Wrapp

Bacon strips, scrambled egg, tomato, cheddar, cucumber and lettuce.

Feta Wrapp

Feta, tomato, cucumber and lettuce.

FROM THE GRILL

BEEF PREGO ROLL

Marinated and served with crisp lettuce on a Portuguese bun and chips

CHICKEN PREGO ROLL

Marinated and served with crisp lettuce on a Portuguese bun and chips

Homemade 200g burger patties served on a bed of lettuce with onion, tomato and chips

BEEF BURGER

CHEESE BURGER

MUSHROOM BURGER

STEFFANIES BEEF FILLET

Beef fillet(200g) marinated, sliced in medallions and grilled, served
chips and vegetables of the day.

PORK FILLET

Pork fillet(250g) marinated and grilled served with chips
and vegetables of the day.

SIRLOIN STEAK

200g plain grilled sirloin steak served with vegetables of the day and chips.

CHICKEN SCHNITZEL

with buttered spaghetti or potato salad, mushroom sauce

GRILLED CHICKEN BREAST

Grilled chicken breast marinated with lemon juice and oregano served with baby potatoes, creamed spinach,
steamed broccoli and cherry tomatoes.

STEAK EGG AND CHIPS

Sirloin (100g) grilled and topped with a sunny side egg, served with chips
and vegetables of the day.